



Mother2Mother

Objective

M2M works to improve the quality of 'preventing mother to child transmission' (PMTCT) service in Kenya's health care facilities through the widespread integration of its peer-based education and support for pregnant women, new mothers and caregivers living with HIV/AIDS.

M2M uses a "Prevention with Positives" (PwP) approach by training and employing HIV-positive mothers to provide quality support and education to their peers in the health care setting.

Project status

Kenya Mentor Mother program is a 2-year (March 2011 – March 2013) implemented by Mothers2Mothers to provide technical assistance to Ministries of Health to facilitate standardization and national scale up of the mentor mother model. This was awarded as a follow-on to the NPI mother2mothers project.

Key activities

mothers2mothers (m2m) works to increase the effectiveness of PMTCT services through a comprehensive, peer education and support for pregnant women, new mothers and caregivers living with HIV/AIDS in Kenya.

There are four components to the activity that contribute to support of PMTCT:

- Curriculum-based training and education programs
- Psychosocial support and empowerment services
- Programs to increase uptake for counseling and testing
- Bridging services linking PMTCT treatment and care to anti-retroviral treatment (ARV) and other health services.

Achievements

mothers2mothers have introduced their program model to 77 public and faith-based health facilities throughout the Kenya. These sites are located in the following 5 provinces: Nairobi, Central, Western, Coast and Nyanza.

Other key achievements include:

- Development of the m2m Program Management Handbook
- Provision of debriefing services and income-generation activity (IGA) training for graduating MMs
- Active Client Follow-up, used to track defaulting clients;

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